

Success stories

“I had a very unsettled childhood and found myself living in various foster placements before going to live with my long-term foster family. When I moved to Care Opportunities’ supported living service I found the transition from living with my foster parents to supported living quite difficult, as I was missing my family, learning to ‘become an adult’ and developing new skills. Over time, I became much more independent and was supported to take care of my property, shop for food, cook meals and manage my finances. I was also able to work through problems in coping with using social media and maintaining positive relationships with my family.” Service User

“I used to live in residential care, however following a change in the way services were provided I experienced difficulties in adjusting to the changes. I then became anxious and distressed. Unfortunately because of my aggressive and dangerous behaviour it was felt that I should move into hospital. I was admitted into a low secure hospital and after receiving treatment I was discharged into Care Opportunities’ residential care service. Whilst in residential care I was supported to develop my skills and independence, enabling me to step down into the supported living service.” Service User

“I enjoy receiving support to live more independently in a home of my own and I am much more happy and settled.” Service User



care 
opportunities to live life to the full
OPPORTUNITIES



**HOUSES
LOCATED IN
CAMBERLEY
AND
BASINGSTOKE**

Tel:
E-mail:

www.careopportunities.co.uk

**Providing Residential Care
and Supported Living Services**

Founded in 2005, Care Opportunities is a specialist independent social care provider for adults with mild to moderate learning disabilities, aged 18 and over.

We provide Residential Care and Supported Living Services in Surrey and North Hampshire, and support individuals who may present with one or more of the following:

- Challenging behaviour
- Autistic Spectrum Disorder
- Dual diagnosis (learning disability with associated mental health disorders)
- Complex needs, including epilepsy and Fragile X Syndrome

What We Do

“Proactive strategies for challenging behaviour require well-organised and managed services, employing enough well-trained staff supported by enough well-trained professional specialists.” Mansell (2002).

- Person-centred services
- In-house clinical expertise
- Thorough initial and on-going assessment of needs
- Evidence-based support
- Transition from child to adult services
- Step-down from more secure services
- Highly trained and motivated staff team
- Robust services
- Professionalism
- Excellent leadership

Residential Care

Our residential care service offers 24-hour support, a complete package of care, incorporating all accommodation, meal provision, activities and support with personal care.

All of our service users receive a personalised and unique care package, including person-centred support plans, risk assessments and health action plans.



Supported Living Services

We provide individualised care and support to service users to live in their own home, enabling them to develop skills and work towards independence. A secure tenancy with a housing provider is offered.

Our aim is to enable service users to deal with all aspects of their life: social, educational, behavioural, psychological, financial, recreational and leisure. We encourage and work with individuals to maintain their existing relationships with friends and family. Each service user is supported with the appropriate staffing requirements based on their needs.



“I like living here because I am listened to and I get to live safely supported and I get to do many things” Service User

Individuals as well as the staff team are supported by an in-house clinical team comprising of:

-  Consultant Clinical Psychologist
-  Behavioural Specialists
-  Assistant Psychologists
-  Registered Manager
-  Support Team Leader

The Care Opportunities Ethos

At Care Opportunities we believe that our service outcomes should be viewed from a life-long perspective. We endeavour to develop the whole person by focussing on their potential for fulfilment and positive presence within the community.

Our objective is to enable individuals to take back control of their lives. We provide opportunities to encounter ordinary life experiences whilst recognising that every person is unique and should be treated as an individual.

We aim to lead the way in professionalism and best practice through our own extensive experience in social care and clinical expertise.