



# Supported Living Services



**Ash House**, is a spacious house for five service users this large Edwardian home situated in the heart of Camberley and is adjacent to another of our homes, Oak House. With high ceilings and ornate cornicing, comprising of a drawing room, dining room, family room, study, fitted kitchen/ breakfast room and utility room. Externally there is ample off street parking and a large garden.

The house is conveniently located within walking distance of the town center where you can find The Mall & Atrium Shopping Centre. Both offer 100 stores, a wide variety of cafes and restaurants, a cinema, Bowlplex ten pin bowling, a theatre and a leisure center with swimming & gym facilities.

There are a number of local parks easily accessible as well as gyms within walking distance. It has good access to bus routes and rail links to Reading, Guildford, Basingstoke as well as London.

**We use person centered approaches and work with service users to meet their individual needs and promote independence and wellbeing in areas associated with:**

- Daily Living skills
- Physical, emotional and mental health awareness
- Occupation and activities

We place great emphasis on **service user empowerment and participation through development of social skills**, community access and supporting individual's tastes and preferences. Prior to moving into Supported living each individual will have undergone extensive assessment, including risk assessment, to identify their needs and to provide the correct level of support to meet those needs in addition to maintaining their safety.





“

One of the best services I have seen... it's good to see a service not only provide good quality care for people but also getting their paperwork right ”

Quote from a stake holder



Individuals as well as the staff team are supported by an in-house clinical team comprising of:



Consultant Clinical Psychologist



Registered Manager



Behavioural Specialist



Support Team Leader



Assistant Psychologist's



Care packages and support plans are reviewed fortnightly via a therapeutic team meeting enabling constant monitoring and reviewing of an individual's care, which provides benefits in:

- Recognising deterioration in mental or physical health
- Addressing any problems quickly
- Ensuring individuals are engaging in meaningful and positive activities
- Ensuring individuals maintain links to friends and family
- Ensuring individuals are maintaining progress to working towards independence

For more information about Care Opportunities and to read our "Good" CQC reports please visit [www.careopportunities.co.uk](http://www.careopportunities.co.uk)

Should you have any further enquiries please don't hesitate to get in contact and I will be happy to help in any way I can.

Paul Wanless-Behavioural Specialist



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