



Supported Living Services



Inspected and rated
Good
 Care Quality Commission

Karmel, is situated in Basingstoke and is a house rented by our service users.

Two of the bedrooms have en-suite facilities. The house is light and spacious and includes a kitchen, dining room, two sitting rooms, utility room, study, cloakroom and a conservatory. It has a landscaped garden with a patio and off street parking for four cars.



We use person centered approaches and work with service users to meet their individual needs and promote independence and wellbeing in areas associated with:

- Daily Living skills
- Physical, emotional and mental health awareness
- Occupation and activities

We place great emphasis on **service user empowerment and participation through development of social skills**, community access and supporting individual's tastes and preferences. Prior to moving into Supported living each individual will have undergone extensive assessment, including risk assessment, to identify their needs and to provide the correct level of support to meet those needs in addition to maintaining their safety.








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I'm happy at Karmel and like all staff. I enjoy the telly, barbeques in the summer and music
Resident

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Individuals as well as the staff team are supported by an in-house clinical team comprising of:

 Consultant Clinical Psychologist	 Registered Manager
 Behavioural Specialist	 Support Team Leader
 Assistant Psychologist's	




Care packages and support plans are reviewed fortnightly via a therapeutic team meeting enabling constant monitoring and reviewing of an individual's care, which provides benefits in:

- Recognising deterioration in mental or physical health
- Addressing any problems quickly
- Ensuring individuals are engaging in meaningful and positive activities
- Ensuring individuals maintain links to friends and family
- Ensuring individuals are maintaining progress to working towards independence

For more information about Care Opportunities and to read our "Good" CQC reports please visit www.careopportunities.co.uk

Should you have any further enquiries please don't hesitate to get in contact and I will be happy to help in any way I can.

Paul Wanless-Behavioural Specialist



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